



**Team Building Theme: New Blood**

# ASTD Board Team Building Activities

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① **Title: Personalizing Your License Plate**



**Materials Needed:** 2 sheets of paper and writing/drawing tools (aka crayons)

**Activity** – create a license plate that would represent you and one that represents you on the board

- Create your own personalized license plate – use the entire page
- Create your ASTD personalized license plate – use the entire page

Share with team what your license plate represents, 1 at a time

**Time Need:** 30 minutes

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② **Title: Text It To Me – We Need To Keep In Touch**



**Purpose:** Exercise demonstrates the need for the entire board to have each other's contact information, especially cell phones number so we can keep in touch with each other today and moving forward.

**Materials Needed:** Cell Phone

**Activity Instructions:**

- Person sitting next to, swap contact information, emails, cell phone numbers, etc..
- Take a picture of the person (if you have a phone with a camera) and save them on their contact information
- Ask the other 2 individuals across from you their cell phone numbers and do the same as above
- Ask the 2 individuals behind you their cell phone number and do the same
- At this time everyone should have 5 new contacts
- Now determine who's contact information you do not have and obtain it only by having someone else send you via text the name and number – be creative how to accomplish this
- At this end of this activity you need to have 11 ASTD contacts

**Time Needed:** 30 minutes



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③ **Title:** Paper Tearing – Communication “ Are we on the same page”

**Purpose:** Exercise demonstrates the need to all be on the same page with solid communication

**Goal:** We all hear and execute differently. If it is important that we do it only in one, specific way, then make sure our communication is crystal clear regarding the process.

**Materials Needed:** Paper

**Activity Instructions:**

- Close your eyes
  - RULES:
    - no peaking during the activity
    - No questions or talking to each other is allowed, only the instructors voice
- Fold the paper in half again
- Tear off the top right corner
- Fold the paper in half again
- Tear off the bottom left hand corner
- Unfold
- Open your eyes
  - Does your look like your neighbors?

Discussion as group – why not ? ( depending which way you fold the paper the tears are in different areas ) It makes a difference long way or short way ect....

How might this apply to our organization ? This can be area directed or general and this discussion can last varying amounts of time. So the mediator must manage the discussion for the time allotted.

**Time Needed:** 15 minutes – 30 minutes depending on follow up discussion points

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**Title: IN IOWA CITY**

**Activities:**

1. Take individual board photo's
2. Lunch
3. Take photo's with team at different locations
4. Let's see how many fun photo's you can get
5. Send Photo's to Penny

Rule – Team photos must include everyone in the photo.



## **Team Building Theme: New Blood**

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### ④ **Title: The Secret Of My Success**



**Purpose:** Exercise will allow board members to share and write down historical information. Past successes, SOS, goals met, etc... ask them to talk to their neighbors and share some of their best practices.

**Goal:** Share your success with others

**Materials Needed:** Hand Out – Timeline

#### **Activity Instructions:**

- What do you want to accomplish in 2011
- What help will you need to accomplish those goals?
- How will you accomplish those goals
- How will you track the goals
- Who is on your committee
  - Goal is to have a minimum of 5 people under each board

**Time Needed:** 1 hour depending on follow up discussion points

SEE handout materials on page 5

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### ⑤ **Title: Field Goal “How Will You Score”**



**Purpose:** Exercise will allow board members to think about individual goals for their department, share with another board member, and determine if they you can also collaborate with others.

**Goal:** Planning for 2011 – writing SMART Goals.

**Materials Needed:** Hand Out – Goal Chart

#### **Activity Instructions:**

- What do you want to accomplish in 2011
- What help will you need to accomplish those goals?
- How will you accomplish those goals
- How will you track the goals
- Who is on your committee
  - Goal is to have a minimum of 5 people under each board

**Time Needed:** 1 hour depending on follow up discussion points



## Team Building Theme: New Blood

### Travel to Iowa City – Seating Chart

Kathy	Paul
Jennifer G	Carol
Dennis	Lacey

Kris	Angela
Steve	Jennifer C
Penny	

### Return to Des Moines – Seating Chart

Kris	Carol
Kathy	Jennifer C
<i>Special Guest</i>	Penny

Jennifer G	Lacey
Dennis	Steve
Angela	Paul





### Teams Activity while in Iowa City

Team 1			Team 2	
Kris	Angela		Jennifer C	Kathy
Steve	Lacey		Carol	Jennifer G
Penny	Paul		Dennis	



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④ Title: The Secret Of My Success - handouts

<p><b>CENTRAL IOWA CHAPTER</b> <b>ASTD</b> WORKPLACE LEARNING &amp; PERFORMANCE</p> <p><b>2009</b> Past President – Paul President - Angela President Elect – Lacey VP Membership – Kim VP Networking – Penny VP Programming – Jennifer VP Professional Development – Debra VP Communication – Carol VP Finance - Renee</p> <p><b>2010</b> Past President – Angela President – Lacey President Elect – Dennis VP Membership – Rick / Kathy VP Networking – Penny VP Programming – Jennifer VP Professional Development – BJ/ Steve VP Communication – Carol VP Strategic Partnership – Paul VP Operations – Open</p> <p><b>2011</b> Past President – Lacey President - Dennis President Elect – Penny VP Membership –Kathy VP Networking – Kris VP Programming – Jennifer C VP Professional Development –Steve VP Communication – Carol VP Strategic Partnership – Jennifer G VP Operations – Paul/Dee</p> <p> <b>November</b> Strategic Planning Meeting Board Team Building</p> <p></p>	<p><b>2009</b></p> <p><b>2010</b></p> <p><b>January</b></p> <p><b>February</b> SOS Winner – Volunteer Mgt</p> <p><b>March</b></p> <p><b>April</b> SOS Winner - Trio Package</p> <p><b>May</b></p> <p><b>June</b></p> <p><b>July</b></p> <p><b>August</b></p> <p><b>September</b></p> <p><b>October</b> 5 Board Members to ALC Paul Presented at ALC Membership Drive</p> <p><b>November</b></p> <p><b>December</b> Daniel Pink</p> <p></p>	<p><b>CENTRAL IOWA CHAPTER</b> <b>ASTD</b> WORKPLACE LEARNING &amp; PERFORMANCE</p> <p><b>2011</b></p> <p><b>January</b></p> <p><b>February</b></p> <p><b>March</b></p> <p><b>April</b></p> <p><b>May</b></p> <p><b>June</b></p> <p><b>July</b></p> <p><b>August</b></p> <p><b>September</b></p> <p><b>October</b></p> <p><b>November</b></p> <p><b>December</b></p> <p> Team Building Theme: <b>NEW BLOOD</b></p>	<p><b>2012</b></p>
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## **Team Building Theme: New Blood**

Additional activity: **Three Gives and Three Gets**

11.11.2010 Central Iowa ASTD Board Team Building Event

	<b>3 Give I can provide</b>	<b>3 Gets like to receive</b>
<b>Angela</b>	Help with chapter celebration Experience history Assist in offering ideas for marketing	Friendship Continued contact with board
<b>Paul</b>	Experience Knowledge Passion for ASTD	Opportunity to be part of the adventure
<b>Carol</b>	Editing skills A positive attitude Sense of humor	Career advice Networking Opportunity to give back
<b>Dennis</b>	Organizational skills Determination Creative thinking /problem solving	Sense of community Professional experience Sense of accomplishment
<b>Steve</b>	Leadership with managing people Dedication to get the job done Flexible – ability to work with all types of people	Networking Sense of achievement Professional development
<b>Penny</b>	Idea generator Organizational skills Getting things done “wildly effectively”	Professional development Opportunity to use my skills and talents in a different way Opportunity to give back to community
<b>Lacey</b>	Leadership Support Ideas	Engagement Networking Ability to have impact
<b>Jen G</b>	Quick turn around on written communication or design A smile and great volunteer for events to help recruit Efforts to connect partners and members for strategic gain	Ideas and resources for work and ASTD efforts More engagement and education how to be engaged at ASTD Exposure to more members through events to seek partnership
<b>Jennifer</b>	Past experience coordinating big and small events Ability to make abstract connections that make sense Energy	Attendance at all programs by all board members Help promoting events Energy



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Board photo while in Iowa City







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Collage of photos – given to each board member at holiday outing in December.

